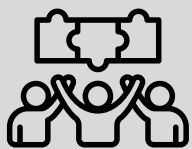


DAY ENRICHMENT PROGRAM

Young Adults



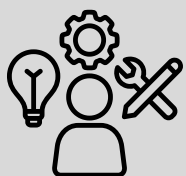
Leisure & Social Skills

Participants engage in a variety of activities, such as arts and crafts, music, gardening, and recreational games to foster a sense of community and belonging while discovering new hobbies and skills.



Pre-Vocational Skills

Participants engage in job readiness training through real-world tasks to provide valuable experience and help build confidence. Our supportive environment encourages individuals to explore their interests and strengths, preparing them for future employment opportunities.



Activities of Daily Living

Participants engage in routine daily essential life skills such as setting up and following their own schedules, maintaining cleanliness and organization of work and leisure space, and meal prepping with a goal of fostering confidence and competence in everyday tasks.



Community Outings

Participants learn to plan trips to take local transportation around town and engage in activities such as grocery shopping, hanging out at the mall, eating at restaurants, going to the library, etc. Participants also walk to the laundromat 2x per month. All trips are supervised and supported by MC-YADE staff.

